

## I. History of Philmont

- A. Philips 66 Oil Company donation.
- B. Cimarroncita Ranch, large girls ranch
- C. 140K acres
- D. Low mileage trek recommended to increase activity time
- E. Speed trap on road into the ranch (35 mph).

## II. Gear

## A. They have gear to loan that is "scout proof."

1. MSR Thunder Ridge Tent; 5 lbs 4 oz (\$500 new), minus stakes - bring 8 stakes, ground cloth not needed
  - a. 88" x 54" x 41" high
  - b. 2 people/tent "enforced"- If odd #, rotate scouts into tents with their dads
  - c. Single tenting only if odd number of crew
  - d. No hammocks
  - e. Must sleep in enclosed tent: scorpions & snakes abound at night
  - f. Plastics mallets discouraged, can use rocks again to pound stakes.
  - g. 5 year old Philmont tents for sale, price uncertain
2. Dining Fly: 2 lbs, 3 oz. 10 x 12 ft<sup>2</sup>. DON'T BRING ONE!
  - a. Get to camp early and set up before daily monsoon (1200-1700). We'll be there during monsoon season.
  - b. Leave it up all night, store stoves, etc under it. (Not packs. They belong in treeline away from tents because of residual smellables.)
3. Pots (2) minimum: 2 gallon and 1 gallon. In packs, too noisy if hung by handles. Don't use for driving stakes.
4. Cooking spoon
5. Food scraper
6. Strainer for cleaning dishes/pots
7. Pot gripper
8. Toilet paper
9. Water purification tablets (Bringing your filter is not recommended by instructor but is in the guide [weight/break])
  - a. Need to wait 30 min unless the water is cold & murky then 4 hours. Cold or murky alone = 30 min.
  - b. Giardia is there
10. Camp suds soap. Can use for food, dishes, body. NOT TOOTH PASTE!
  - a. VERY concentrated. 2 gtts /night
11. Hand sanitizer
12. Salt, pepper, matches. BRING A LIGHTER.
13. Scotchbrite pad. Cut it into 10 pieces. Can bring more.
14. 10 zip lock bags for strained food particles.
15. 2 Bear ropes/bags. 100 ft long/ 1/4 inch diameter. Can bring your own to that specification.
  - a. If going into Carson National Forest, must use low impact bear lines. Needs practice and 3 lines.
  - b. Bring 1 more bag than you expect. CLOTHING WITH SPILLS TO BEAR BAGS AT NIGHT! (Even after washing)

## B. Not provided

1. 2 Stoves: white gas best for altitude. MSR Whisperlite (dragonfly, too, but loud). Jetboil not for cooking, only boiling.
  - a. Need to carry 60 oz. of gas.
  - b. Use the Philmont cooking method, not your own. "Land use agreement."
    - i. Best for hygiene and cooking.
  - c. Need to check with airlines regarding stove shipping. Might need to mail them in advance.
2. Paracord
3. Dromedaries (2)

## C. Packing

1. 45-50 lbs packs, even for scouts. No more than 1/3 body weight.
2. Smallest size: 65 l. Largest 85 l.
3. Target 20 lbs without food/water.
4. Available to rent for \$18. Downside is acclimating to it. Kids better than adults.
5. Sleeping bag: 20 degree bag. Synthetic for youth, down harder to manage for them.
6. Sleeping pads: foam
7. 4-5 l water. Camelback has 3 l. Hard to monitor scouts camelback intake.
8. Rain gear. Cheap poncho won't last. Frogtoys great, bring duct tape.
9. Chair nice, but using a log is cheaper and lighter.
10. Old sneakers good for camp. Can dry on pack during day.

## III. Physical training

## A. "You said it was going to be hard, but I didn't think it would be that hard..."

1. Recommend climbing hikes for an hour/week with incremental weight (stairs substitute).

## B. Practice setting / breaking camp.

#### IV. Crew leadership positions

##### A. 3 elected by youth

###### 1. Crew Leader

- a. Ensure all scouts present for election
- b. Roses, buds, and thorns essential DAILY for morale
- c. Establish duty roster WITH ROTATIONS.
  1. Crew leader should be part of the rotation.
  2. Complete and distribute BEFORE arrival - better expectation management
- d. Advisors should not be on the roster if crew large enough

###### 2. Chaplain's Aid

###### 3. Wilderness Pledge Guide

- a. Identified before arrival
- b. Learn Philmont Wilderness Pledge and 7 Principles of Leave No Trace BEFORE ARRIVAL

##### B. Adult advisor

#### V. Emergency radio coverage

##### A. Spot radios not recommended - Very expensive if accidental rescue helicopter summoned

##### B. ATT 4G tower in base camp

###### 1. Very spotty coverage

##### C. Should be within 3 miles of someone with radio at all times

#### VI. Food

##### A. Bags numbered, with last number corresponding to day of month (i.e., bag 7 on the 17th).

##### B. Carry 3-5 days of food

##### C. Extra food not recommended. It just adds weight & Philmont provides enough calories

##### D. One piece trap rule (don't tear apart wrappers)

##### E. Recycle plastic meal bags and cardboard - gets Philmont money

#### VII. Showers at a few spots

##### A. Latest shower time is 1700 to allow smell to dissipate by bedtime

##### B.

#### VIII. Travel

##### A. Arrive before 1000 is great, but 0800 is better.

#### IX. Creating a High Adventure Committee in your troop (handout)

##### Philmont Scout Ranch High Adventure Committee

Council Contingents – Single Crew or Multiple Crews  
Unit Contingents – Single Crew or Multiple Crews

Planning and preparing for a successful expedition to Philmont Scout Ranch requires careful consideration of many things. To accomplish these tasks a committee of interested individuals is required. The burden of the experience should not rest in the hands of one or two individuals who are serving as the advisors to the trek but should be divided and shared among members of a special Philmont Scout Ranch High Adventure Committee.

###### Committee Prospects:

- Council/district volunteers or members of a unit committee with an interest in High Adventure.
- Past participants – youth and adult. (A youth member who participated 10 years ago is now 24-26 plus years of age.)
- Past Philmont Staff Members.
- Parents of participants.
- Adult leaders accompanying the adventure.
- Philmont Ambassadors

###### Committee Assignments:

- Leadership
  - Selection of Adult Leaders for each crew. Identify alternates in case of last minute cancellations.
  - Support the selection of Youth Leaders for each crew.
  - Work with Lead Advisors to support them in preparing for the adventure.
    - Philmont Roster and Arrival Gateway
    - Itinerary Selection
- Promotion – Marketing
  - Develop a recruiting program to insure that all spaces are filled. Philmont presents a special award to each crew that participates with twelve members: "La Docena Adventurado" Award.
  - Conduct Philmont Rally Nights and Open Houses.
  - Utilize all marketing tools available including unit or council newsletters or websites.
  - Conduct Parent Information Nights.
  - Promote Philmont individual programs to potential participants who will not be able to join the expedition because of schedule conflicts.
  - Continue marketing and recruiting potential alternates to replace last minute cancellations for both youth and adult positions.
  - Conduct a Celebration Event that shares the adventure with family and friends. Provide information about Philmont Individual Programs for those that might want to return the next summer.
- Finance
  - Develop a budget for the adventure. Explore numerous cost saving measures.
  - Utilize available scholarships. Philmont provides an opportunity to apply for the Waite Phillips Scholarship (2014 – 737 scholarships = \$265,835.00). Look for other local scholarship opportunities.
  - Plan and support fundraising activities to help participants work to raise the funds needed for the trip.

- Transportation – Travel Plans – Logistics
  - Develop travel and tour plans for the Adventure.
    - Overnight accommodations.
    - Meals
    - Side trips and tours.
  - Transportation to and from Cimarron, New Mexico.
    - Private
    - Public
    - Charter
  - Complete and submit "BSA Tour Plan".
  - Submit arrival and departure plans in the "Philmont Roster and Arrival Gateway".
- Equipment
  - Help and support each crew member in securing the correct equipment for the experience.
  - Coordinate the selection and procurement of all crew equipment required for the expedition.
  - Coordinate special items including crew t-shirts. ([www.ToothofTimeTraders.com](http://www.ToothofTimeTraders.com) provides a process to assist crews with custom items.)
  - Coordinate special food needs for medical or religious requirements.
- Training
  - Insure that the crew meets the requirements for Wilderness First Aid and CPR training. (Minimum of two individuals with current required training.)
  - Conduct two shakedown weekends. (Official Philmont Shakedown Guides #1 and #2)
  - Provide necessary training for youth and adult leaders to support their position in the crew.
  - Participate in PASS (Philmont Advisor Skills School) and PAW (Philmont Advisor Workshop) if they are provided in your part of the country.
- Health and Fitness
  - Assist all members of the crew in completing their Annual Health and Medical Record. Work with the Lead Advisor to insure that all participants meet the Philmont requirements including the "Height and Weight" requirements.
  - Develop and implement a physical fitness program for all members of the crew.